

# South Wales Bowls and Recreation Centre



## NEWSLETTER October 2025



### Trustees Update

**Andy Cowell** Many thanks to those who attended the first 'Meet the Trustees' session. We have taken the low numbers to indicate that the vast majority of members are happy with how the club is being run at present.

As Trustees we will continue to focus on:-

- Attracting new members
- Expanding/improving our bowling resources, including coaching, and continuing to offer competitive bowling alongside leisure bowling, to accommodate bowlers of all standards and grades
- Continuing to improve and upgrade the stadium and expand the associated facilities including all aspects of Extra End

We have revised our current coaching team under the leadership of Keith Harry to include Chris Peters, Sue Boardman and Nick Parry. We will shortly announce further changes to our bowling structures.

Finally, a reminder re dress code - this has been mostly observed but nonetheless we still have some members' non adherence in evidence. We will ask Skips to speak to their players and we reserve the right to remove players for persistent non adherence.

**Kay Clarke** In relation to the ladies' section, we now have an updated notice board in the main arena. It has the original list for ladies interested in putting names forward for selection in the DJ league. This is the Welsh league originally for ladies, but now eligible for men to enter if they so wish. We have two teams entered this year which will require eight players forming two rinks in each of the teams. Team D and team J. Please do not be shy. Put your name down! You can do it!!!

We missed winning the league last season by ONE POINT!

There is also a list on the board for new members, or old, to add names to a reserve list where internal league team organisers can find names of ladies who were late joining a registered team and are looking to fill in as reserves.

The WIBA competition entry forms will be with us shortly and we will be taking names of Interested members who would like to enter an external Welsh competition. These will take the form of singles, pairs, triples and rinks.

Please don't hesitate to contact me should you need further information.

**Shaun Gray** We are aware of carpet damage on rink 6, where two inches of stitching have come loose two dots up from the T at the bar end. Dales have been contacted, and will repair it in October.

Zak Gray will be inputting the league result cards, so please ensure they are posted in the box to save time chasing them up.

## **SULLY PETANQUE CLUB LAST MELEE OF THE SEASON**



Sully Petanque club held its final melee of the season on the September 6th. Twenty club members took part in 5 pistes to battle it out in 3 timed matches. The matches were divided into 10 pairs and the melee mixed up the players, to even out skills and abilities, making it a fair game for all. The event was open to all to watch, there was a raffle with prizes donated by the membership.

First prize was a £40.00 voucher for a meal in the extra end restaurant donated by SWBRC. It was a very close match, and it was a dry, sunny, but blustery day, which was great.

The winner was the young Alan Thomas with 3 wins and plus 35 points

Second place was Carole Fitzgerald with 3 wins and plus 31 points

Third place was Jennie Wason with 2 wins and plus 21 points

Last was Simone Ballett with zero wins and minus 20 points

The maximum possible could have been 3 wins and plus 39 points.

It was our first season in the Welsh Petanque League and we've done lots to establish

ourselves, we hope to grow from strength to strength to build up the club with more teams and perhaps a youth division.



We do need help to maintain our pistes, playing surfaces and equipment shirts etc. and a sponsor or two to help with these costs, so if anyone would like to help please contact Linda Thomas club secretary on :- [sec.sullypetanqueclub@yahoo.com](mailto:sec.sullypetanqueclub@yahoo.com)

Thanks to all the support from the committee, the membership, SWBRC & the Extra End.  
Tim Roberts Club Captain

## **WIB Competitions and Championship Info**

Entries for the WIB Competitions need to be in soon, sheets are on the notice board. Please note that, due to a tight deadline, entries for the **OVER 60's PAIRS** will now have to be in by October 6<sup>th</sup>. All games need to be played by the end of October.

There will be a tight turn around from entries closing to games commencing, so please check the website and the competition boards regularly.

Please try to play games as scheduled. If you need to move a game to a PRIOR date then please let me know by text (07976322609) stating who it is, and when you wish to play. I can then book the rink, cancel the previous booking and, hopefully, organise a card. Please text only, I don't answer calls.

Entry fees to be played at the first game.

In other news, the Club Championship will start on Saturday 11<sup>th</sup> October with a home game against Cynon Valley. The following week's game away to Radnorshire will be a **12PM** start. Please get your names down to give our new captain, Gavyn and his merry band of selectors every support.

Wishing you all a happy and competitive indoor season!

Chris Ackland

[chris@sullyyibc.com](mailto:chris@sullyyibc.com)

07976322609

## **FUN RACE NIGHT—Saturday 18th October**



**Meal options are  
¼ Chicken & Chips  
or Scampi & Chips  
Please order when you  
purchase your tickets  
Served at 7.30pm**

**For just £2 you can be a jockey and a trainer on any horse(s) in  
any race and if your horse wins you get a bottle of wine  
Jackie Rule has the race lists.**

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## **GRAND CHRISTMAS DRAW**

**Tickets cost just £1 per number**

**—get them at the bar now!**

**Date of draw to be confirmed.**

**Come along and see if YOU have**



**won one (or more) of the MANY prizes including TVs, Air  
Fryer, Alexa, Chocolates, Wines, Litre bottles of Spirits,  
Sunday Lunch for Two and LOTS, LOTS MORE . . .**

**BUT YOU HAVE TO BE IN IT TO WIN IT**

## **September Weekend Friendly Matches**

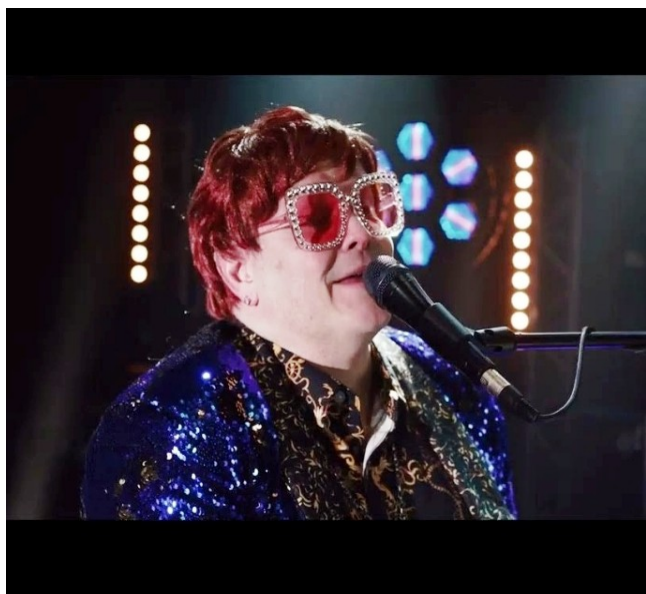
**On Friday 26th September** we played host to a bowls team from Camelford in Cornwall, with rink fees subsidised by us. The result was Sully winning all four rinks. Afterwards, the visitors enjoyed food in the Extra End, and stayed on for the Quiz Night. A very successful Evening.

**On Sunday 28th September** we travelled to Bristol Indoor Bowls Arena by coach, also subsidised by us. After yet another friendly, good session we won five of the six rinks. Bristol are planning to arrange a return match by visiting us later in the winter season.

Many thanks to all who took part in these two friendly matches.

**Shaun Gray**

# ED JONES AS ELTON JOHN



**Saturday 1st November**

**£18 including a meal**

**Tickets go on sale**

**9am Monday 6th October**

**Maximum 10 tickets per person**

**First come - First served!**

***We will continue to provide the very best in entertainment from top UK Tribute acts to the very popular singers, groups and entertainment***

**18th October 2025 - FUN RACE NIGHT**

**1st November 2025 - the much wanted return of the very talented **LEE GILBERT****

**6th December 2025 - 'Mistletoe and Tom' the brilliant Dean Jones as **TOM JONES****

**30th January 2026 - Drag artist **CERI DUPREE****

**13th February 2026 - Medium/Spiritualist**

**7th March 2026 - 'Solid Sixties' with **LITTLE ELVIS & MEGAN ATHERTON****

**Lots more to come in 2026, including Karaoke Night once a month.**

## **Questions Answered by Coaches**

Q1 - If a member of a team is unable to play, and a temporary member is brought in, should that individual be allowed to play skip?

**A – No**

Q2 - If a permanent member of the team is brought in to replace an individual, can the permanent replacement play skip?

**A – Yes providing the individual is registered before playing.**

Q3 - What is the definition of a mixed rink?

**A - The team must have both genders represented, it cannot be all male or all female. For a rink, 3 of one gender and 1 of the other gender is acceptable.**





# EXTRA END



## Starting 8th October



Every Wednesday 10.30am—Knitting Club with Lindy Close  
Cake and Coffee Morning



£4.50 including a coffee fill-up... and a chat of course!

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## Christmas Dinners Bookings still available for:-

Wednesday 3rd, Monday 8th, Wednesday 10th, Monday 22nd



Menus available at the bar—book soon to avoid disappointment.

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## Please Note

Throughout December every Monday, Tuesday and Wednesday the kitchen will be needed for Christmas Dinner preparation - so will be closed for normal food.

## **FISH FRIDAY**

12noon to 2.30pm and 5pm to 7.30pm

Other Meals are available



## **BREAKFAST TIME!**



**Starters**

## **SUNDAY LUNCH**

Served Noon till 3pm

Pre-booking advisable

02920 530999



Chicken/Pork/Beef/Lamb Roast Dinner  
Salmon & Ratatouille or Vegan option



**Desserts**



# 300 CLUB WINNERS

**September 2025**

|                  |             |            |                         |
|------------------|-------------|------------|-------------------------|
| <b>1st Prize</b> | <b>£200</b> | <b>72</b>  | <b>Carol Jones</b>      |
| <b>2nd Prize</b> | <b>£100</b> | <b>14</b>  | <b>Barbara Williams</b> |
| <b>3rd Prize</b> | <b>£ 60</b> | <b>184</b> | <b>Anne Cowell</b>      |
| <b>4th Prize</b> | <b>£ 50</b> | <b>149</b> | <b>Roy Bell</b>         |
| <b>5th Prize</b> | <b>£ 40</b> | <b>172</b> | <b>Vivienne Morgan</b>  |
| <b>6th Prize</b> | <b>£ 30</b> | <b>26</b>  | <b>Julie Ringham</b>    |

## **300 CLUB MEMBERSHIP—2026**

If you do not know about our 300 Club, please let me enlighten you.

It started in 2023 to raise funds for Sully Bowls Foundation to help with the running costs of SWBRC, and to offer members the opportunity to win cash prizes every month. It is a 50% split. The monthly draw takes place at the Quiz nights on the last Friday of each month. Winners are contacted directly, and names appear on the notice board, on the club Facebook page, and in the Newsletter.

Membership has increased over the last three years, enabling regular increases in the amount, and numbers, of prizes to be won. At present there are six prizes:-

**1st - £200, 2nd - £100, 3rd - £60, 4th - £50, 5th - £40, 6th - £30**

The annual fee for membership is £60 (£5 per monthly draw). If you would like to join, we will welcome new members very soon to pay by January 1st and be included in the first draw on January 30th. Application forms will be available shortly, at the bar, and in the reception area.

A reminder for all current members paying annually, that your membership is due for renewal on January 1st 2026. Short renewal forms will be available behind the bar, and in the reception area. Please complete with your name and number, if you can remember it, but don't worry if you can't because I can fill it in. Then pay £60 at the bar to be in for the whole of 2026.

Jackie Rule

## **VOLUNTEERS SPOTLIGHT**

I hope that I have covered all our much appreciated volunteers in my spotlight item. If I have missed anybody, please let me know. To finish off I am going to mention myself! If you don't know who I am, you are the lucky ones!

I am the founder and coordinator of our fund-raising 300 Club. It has raised a substantial amount for Sully Foundation Bowls, over the past three years. Since April I have been producing the monthly Newsletter, and hope you all enjoy reading it, and I am presently assisting Jan Millard with the processing of all the membership renewals.



*Jackie Rule*

## **BOWLING HISTORY EPISODE 1** Extract from Bowls.co.uk

Those of you who have fallen for the gentle image of the game of bowls had better think again. Of course, it's true that the nods of appreciation, the civilised applause, the polite handshakes are genuine enough, but they hide the same aggressive killer-instincts so common – and so obvious – in more violent sports.

Indeed, historically speaking, bowls was a violent sport. It took a Scottish lawyer, W.W. Mitchell, to clean up the game a century or so ago. He saw fit to outlaw 'kicking, hacking and tripping' on the sacred turf... well perhaps not so sacred in those days: bowls (like its popular French cousin, boules) was played on any reasonably flat piece of ground, preferably, but not essentially, with a modest covering of grass!

Centuries before Mr Mitchell had civilised the game, bowling alleys were very unsavoury places, 'productive of very evil consequences', and full of 'idle citizens'. They were described as 'the means of promoting a pernicious spirit'. Drinking and gambling were inevitably associated with the game and, like other pub games, bowling was made illegal, chiefly so that the military (young men easily led astray) could actually get on with their archery practice.

Before that, legend has it, when the barbarians were plundering Europe, they found it relaxing after a (successful) battle to set up a game strikingly similar to our bowls. Agreeing on a target object, they would sever the heads of their unhappy opponents and roll them ever so gently across the battle terrain – aiming to get them as close as possible to whatever they chose as a target. Hence, presumably, the expression 'Be up to the head'!

## **PARKING PROBLEM—PLEASE NOTE**

Will members please note that you should not park in front of the yellow gate/barrier at the far end of our main car park. Nor should you park on the grass verge on the left beyond the gate. This gate leads into an area owned and managed by Sully Sports & Social Club.

## **ACCESS BY MAINTENANCE STAFF IS REQUIRED 24/7**

They are aware that on some occasions members are not able to find a parking space, and are more than happy for you to use up spaces in their car park.

# For Sale or Wanted

## FOR SALE

Drakes Pride 4H  
Reasonable condition plus carrier,  
measuring tape and pick up tool

**£65**

**Steve Clarke**  
**07922 193438**

## FOR SALE

**Taylor Vector Vs Size 3**  
**Dark blue/yellow stripes**  
**Re-stamped 32**

**£180 ono**

**Contact Paul S**

## FOR SALE

**Club Shirts—Slight Seconds**  
**White/Azure—No name**

**£15 each**

**2 x Medium 1 x 2XL**  
**Please ask at the bar for details**

## FOR SALE

**Henselite Size 5**

**£35**

**Good condition**  
**Alan Hamilton 07584 072156**

## FOR SALE

**Henselite Ladies' Bowling Shoes**  
**Size 5 £20**  
**Tina Johnson 07594486764**



## FOR SALE

**Electric Wheelchair**  
**Two speeds**  
**Height adjustment**  
**New batteries**  
**In great condition**

**£325**

**07788601016**

## WANTED

**Set of bowls Size 1**  
**Pauline**  
**07708439848**

## WANTED

**Set of Bowls Size 0**  
**Olwen**  
**07540069628**

## FOR SALE

**Shoprider Mobility Scooter TE-888NR**  
**Maximun weight 136kg Speed 4mph**  
**Front basket, charger and extension lead**  
**Glide Lock cover to prevent slipping in seat**  
**A few marks on bodywork**  
**Very good used condition**  
**Could assist with delivery**

**£295 ono**

**Dave 07890641010**



